



KARA A. ZARCHIN

Background

Kara A. Zarchin is an Associate in Cummings & Lockwood's Litigation Group and is based in the Stamford office where she primarily practices in the areas of commercial litigation, trust and probate litigation, and bankruptcy and creditors' rights.

Kara has advocated on behalf of clients in state and federal jurisdictions, as well as in arbitration proceedings. She is an experienced appellate advocate and has represented clients in appeals in state and federal courts. Kara also has experience advising insurance companies in coverage and reinsurance disputes and has served as national counsel to a major insurance company, managing direct actions against the company.

Prior to entering private practice, Kara clerked for the Honorable Justice Richard N. Palmer of the Connecticut Supreme Court. She previously also interned for the Honorable Dominic J. Squatrito of the United States District Court for the District of Connecticut.

Practice Areas

- Litigation Group
- Business and Commercial Litigation
- Bankruptcy and Creditors' Rights
- Employment Litigation
- Real Property and Environmental Litigation
- Trusts and Estates Litigation
- Appellate Litigation
- Tax Controversy and Litigation
- Closely-Held Business Litigation
- Fiduciary and Probate Litigation Group

Education

- University of Connecticut School of Law (J.D., *with Honors*, 2018)
- Middlebury Bread Loaf School of English (M.A. in English, 2013)
- Middlebury College (B.A. in English and History, *cum laude*, 2006)

Bar Admissions



Kara A. Zarchin

Associate

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CUMMINGS & LOCKWOOD LLC

- Connecticut, 2018
- New York, 2020
- U.S. District Court for the District of Colorado
- U.S. District Court for the District of Connecticut
- U.S. District Court for the Southern District of New York
- U.S. Bankruptcy Court for the District of Connecticut
- U.S. Court of Appeals for the Second Circuit

Professional Organizations

- Connecticut Bar Association
- New York Bar Association
- American Bar Association

Professional Recognition

- Volunteer of the Year Award, Connecticut Bar Association, Young Lawyers Section, 2022
- National Association of Women Lawyers Outstanding Law Student Award, 2018
- The Best Lawyers in America, "Ones to Watch", 2026
- Connecticut and New England Super Lawyers, Rising Star, 2025

Civic and Philanthropic Activity

- Swim Across America, 2024 - Present
- Connecticut Judicial Branch's Civics Academy, Faculty, 2023 - Present
- Connecticut Bar Association, Young Lawyers Section Executive Committee, Women in the Law Co-Chair, 2019-2023
- Middlebury Alumni Admissions Program, Former Chair

Articles/Publications/Presentations

- *Connecticut's Food Waste Problem: Innovation, Anaerobic Digestion, and the Dormant Commerce Clause*, 50 Conn. Rev. 819 (2018)
- CLE Presentation: How Parties May Attempt to 'Cheat' in Arbitration, 2023